

Use sensory aids

Sensory aids can be useful to support concentration. Some pupils can find it challenging or socially demanding to look at the teacher whilst listening, and so something else to focus on whilst listening can be useful in the classroom environment.

Fidget toys can be a powerful and rapid means of promoting attentional focus for some learners. Many potential fidget toys are available; some of the best are homemade and some are available for purchase.

Some example sensory aids might be: **therapy putty, doodle paper, blue-tack, soft pieces of fabric, weighted items etc.:**



Image: Smashicons, via Flaticon.com

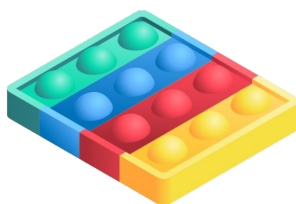


Image: Freepik, via Flaticon.com

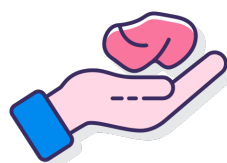


Image: Flat Icons, via Flaticon.com



Image: Freepik, via Flaticon.com

The key is to encourage learners to experiment with a variety of fidgets until they find the right fit for them personally.

Can you think of any pupils who might benefit from a sensory aids?

What sensory aids might they want available to them? Can you work with the young person to find what works for them?

Notes:
