

Use of a timer

You might consider using a timer during certain activities for some children. It may also be important for some pupils to ensure that task completion is promptly recognised.

The use of a sand timer is concrete and can support children's understanding of how long they have to complete a task or how much longer they need to concentrate for.

It can aid concentration and reduce anxiety, as it gives a definitive end point.



A symbol can also be added to a visual task board to show when the task has been completed:

Whole class or discreet individual, time prompts such as: "10 minutes left, 5 minutes to go," support pupils to plan for ending tasks. Visual timers can be displayed on the whiteboard if appropriate.



Can you think of any pupils who might benefit from the use of a timer?

Are there certain activities that the use of a timer might be particularly useful for, for this pupil?

Notes:

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